Road Traffic
Management Corporation

DECADE OF ACTION FOR ROAD SAFETY 2011-2020

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don't drink& drive

Every single injury and death caused by drunken driving is totally preventable. Alcohol-impaired driving remains a serious national problem that tragically affects many victims annually.

In South Africa, the legal limit for alcohol in a driver's bloodstream is 0.05g/100ml; and for professional drivers 0.02g/100ml. Being below the limit does not automatically lower you risk of being involved in a crash, rather not drink and drive at all.

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Alcohol affects your Driving as follows-:

- Slows down your brain functions. This means you're slower to react and make decisions. It becomes a lot harder to concentrate on steering the wheel, controlling your speed and taking in your surroundings

- Reduces your ability to judge your speed and distance, so you don't notice how close other vehicles and objects are to you.

- Makes you more confident than you would be normally, leading to dangerous and reckless driving.

The effects of alcohol are far worse when taken simultaneously with certain medication or drugs. Although alcohol provides temporary courage and pleasant "top of the world" feeling; you are really a risk to yourself, your passengers and all other road users.

If you drink - don't drive.

- Take turns with your friends or family to be sober designated drivers.
- Arrange lifts with sober party goers or provide overnight accommodation for your guests.
- Do not allow your drunken friends to walk home – a drunk pedestrian is just as dangerous as a drunk driver.
- Do not pressurize your guests to drink – you don't want to be responsible for a collision involving a driver under the influence of alcohol.

Be Smart! Don't Drink and Drive